

NORTHWEST AQUATICS LEAGUE
2006 SUMMER CHAMPS MEET
Monday, June 12th & Tuesday, June 13th, 2006
HOSTED BY

BLUE TIDE AQUATICS



SPONSORED BY TYR

Meet Summary: The summer champs meet is designed to encourage and foster competitive Summer League Swimming. All swimmers 13 years and older are invited to attend regardless of seed times. Swimmers 12 years and younger must have achieved minimum qualifying times in the attached order of events. Unattached swimmers are welcome.

LOCATION: Atascocita High School, West Lake Houston Parkway, Humble TX 77346

Directions: Take U.S. 59 North to FM 1960 Bypass. Turn right (east) on FM 1960 Bypass. Continue approximately 6.2 miles to Lake Houston Parkway. Turn right (south) on Lake Houston Parkway. The High School is located approximately 1.5 miles north of FM 1960 on the right (west) side of Lake Houston Parkway. The natatorium is located at the high school campus. (Map included with invitation)

POOL: Eight lane, 25 yard indoor pool with non-turbulent lane lines. There is no separate warm up/down area. A Colorado Model 5000 electronic timing system will be used with an eight lane digital scoreboard. Two watches per lane will be used as backup.

QUALIFYING TIMES: See attachment for qualifying times. There are no cut off times.

ORDER OF EVENTS: See attached format

TIME AND DATE: Monday, June 12th & Tuesday, June 13th 2006
The Meet will Begin at 6:00 PM on Both days
Group one warm-ups will begin at 4:30pm / Group 2 warm-ups will begin at 4:55pm / Group 3 warm ups will begin at 5:20pm
Warm-up assignments will be posted on the BTA website at www.swimbluetide.org at least two days prior to the event

MEET REFEREE: James McNatty

MEET ENTRY DIRECTOR: Frank Frey

MEET DIRECTOR: John Swank 281-360-9657 j.swank@shell.com

OFFICIALS: 2006 NWAL certified officials will officiate. Teams are requested to supply officials and to submit a current officials list with their meet entries.

SAFTEY MARSHAL: Meg Oswald

TIMERS: Participating teams are requested to furnish timers. A sign-up sheet will be posted at the meet with the team lane assignments.

SEEDING: **This will be a pre-seeded meet. No On Deck entries will be allowed.** It is important that all teams turn in their entries on a timely basis to insure that their swimmers have a chance to swim.

AWARDS: There will be both Team and individual awards.

TEAM AWARDS: Trophies will be awarded to the top three teams in two divisions- (1) Teams with 200 or more swimmers registered for the 2006 Summer League season and (2) Teams with Less then 200 swimmers registered for the 2006 Summer League season.

INDIVIDUAL AWARDS:

Medals will be awarded to the top (8) place finishers in each age group. For example, in boys event number one there will be medals awarded for the top eight finishers in three age groups (6&U, 7yrs, & 8yrs). There will be separate 5&U age groups for the 25 yd Free and the 25 yd Backstroke.

Additionally, High-point trophies will be awarded in each of the following age groups: 5&U, 6yrs, 7yrs, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13-14yrs, 15-18yrs.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

TEAM SCORING: Team scores will be determined by totaling points in each age group in every event. The age groups again will be those shown above. A first place finish scores (9) points a second place finish scores (7) points a third place finish scores (6) points and so on down to (1) point for an eighth place finish.

CONCESSIONS: Concessions will be available on both days.

MEET RULES AND APPROVED VARIANCES:

COACHES Please Note. Two personal chairs per team will be allowed on the pool deck, and no reserved spots will be allocated. No overnight set-up of chairs will be allowed.

Smoking will not be allowed anywhere in the building or school campus. No glass containers of any type will be allowed in the pool area.

NWAL Rules will apply with the following clarifications: (1) There is no limit to the number of individual events in which a swimmer may enter. (2) Teams may enter up to three relay teams in each relay event. Any relay team is eligible to score points for the team score. Each Relay participant must meet the qualifying time for his/her leg of the relay.

There will be two progressive relays, one for male swimmers and one for female swimmers. Each progressive relay will consist of the following sequence of events: 25 yd Backstroke (7-8 yr olds); 25 yd Freestyle (9-10 yr olds); 50 yd Butterfly (11-12 yr olds); 50 yd Breaststroke (13-14 yr olds); and 50 yd Freestyle (15-18 yr olds).

All participants must be registered 2006 NWAL swimmers. All participants must have competed in at least one NWAL meet during the 2006 NWAL season. Eligibility for an age group is determined by the individual's age as of the end of the day May 31st 2006.

This will be a pre-seeded meet. On Deck entries will not be allowed. It is important that all teams turn in their entries on a timely basis to insure that their swimmers have a chance to swim. The deadline for meet entries is 6:00pm on Monday June 5th 2006.

Lane assignments will be listed in the heat sheets. Swimmers are to report to the ready bench area when their event is called.

Teams are responsible for insuring that their swimmers are at the ready bench prior to their events. Parents are requested not to accompany their children to the ready bench! Instead, we strongly recommend that a team parent be responsible for getting your swimmers to the ready bench.

All swimmers must meet the age and qualifying time requirements. Anyone protesting an entry time has the burden of proof for proving that the time is false. The clerk-of-course for the applicable team may be required to provide seed times.

ENTRY INFORMATION:

The deadline for meet entries is 6:00pm on Monday June 5th 2006.

Entry forms and/or cards must be submitted using the swimmers fastest yards times from the official 2006 NWAL season (**time trials not included**). Meter times must be converted to yard times by dividing the meter times by 1.11, prior to completing the entry forms.

A printout of "best times" is requested from each team when entries are submitted.

Number of events: Once again, there is no limit to the number of events in which an individual can participate. Each team is limited to three (3) relay teams per event.

Responsibility of teams to provide officials: A list of names and phone numbers of qualified 2006 NWAL officials is requested by the meet director at the time that meet entries are turned in. Email your list to John Swank, Meet Director, at j.swank@shell.com.

DEADLINE:

Entries must be in the hands of the meet entry director no later than 6:00pm on Monday May 5th 2006. Email or hand-deliver your entries to:

Frank Frey
3518 Oak Gardens
Kingwood TX 77339
281-358-4298
btameetentries@hotmail.com

ENTRIES:

All teams should provide the following:

Teams are expected to submit their entries via a Hy-Tek Comm Link File to the address above. Teams are encouraged to email their entries, but entries may be submitted on diskette. If entries are emailed, please zip the CL2 file. A hard copy of the meet entries should be mailed or hand delivered. **The Hy-Tek file preloaded with the schedule of events will be available on the NWAL.org website. This can be imported as a team manager file, swimmers assigned to events, and then exported as a meet manager file to diskette or emailed. For Convenience, a diskette containing the Hy-Tek file can be sent at your request.**

Teams with ten (10) or more swimmers and who do not submit their entries on diskette or by email must remit a \$50 surcharge.

ENTRY FEES:

\$3.75 per individual event. \$8.00 per relay event.
Make checks payable to **Blue Tide Aquatics**.
All fees must accompany entries.

SAFETY AND SECURITY:

The attached Safety guidelines and warm-up procedures will be in effect. The Safety Marshal will be responsible for ensuring that the safety procedures are followed. The Safety Marshal will be wearing a safety-orange vest, and has the authority to remove anyone who is not following these procedures or who in any way is conducting themselves in an un-safe manner. The High School campus may still have construction activities. **Areas under construction or barricaded are OFF LIMITS.** There will be an Humble ISD representative on site at all times. The Safety Marshal will be responsible for ensuring that a safe conduct is strictly enforced.

HOSPITALITY:

A hospitality room/area will be available for coaches and officials. Refreshments and complimentary heat sheets will be available for all coaches.

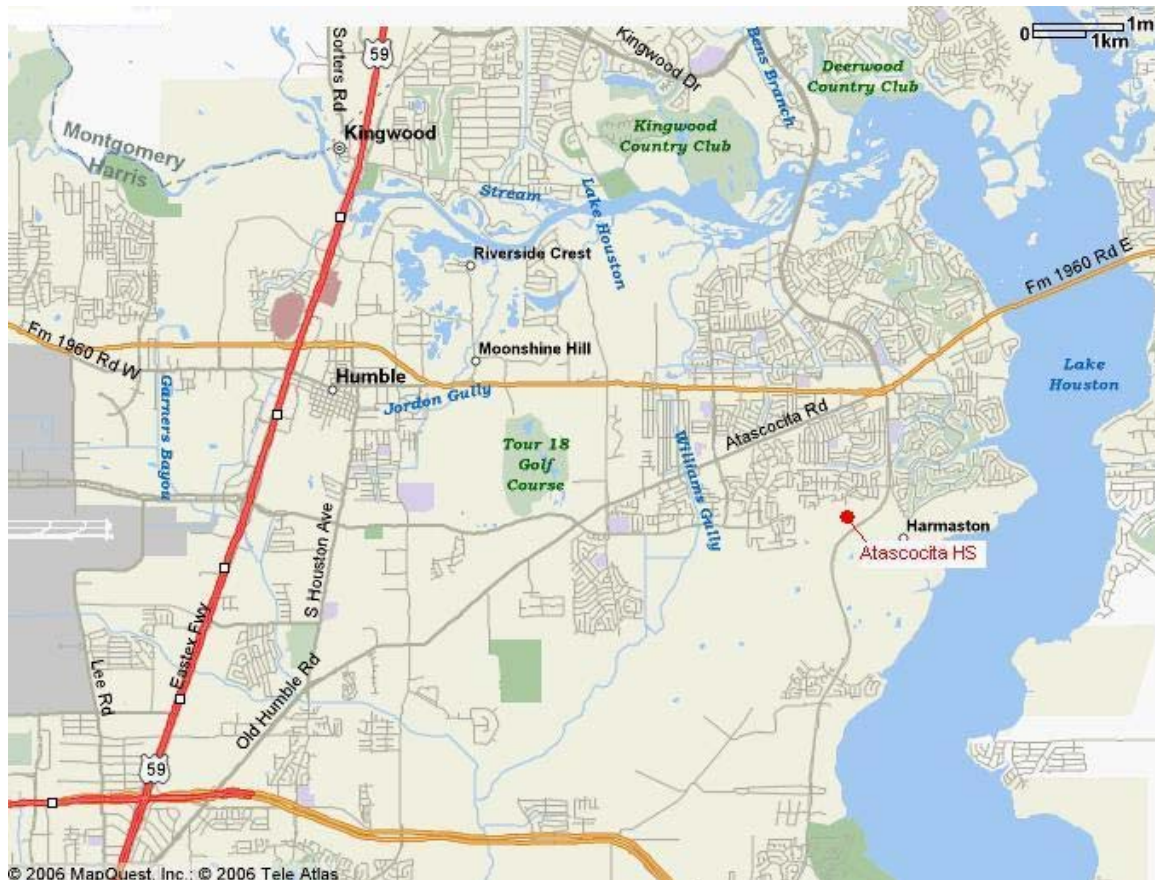
MERCHANDISE:

Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

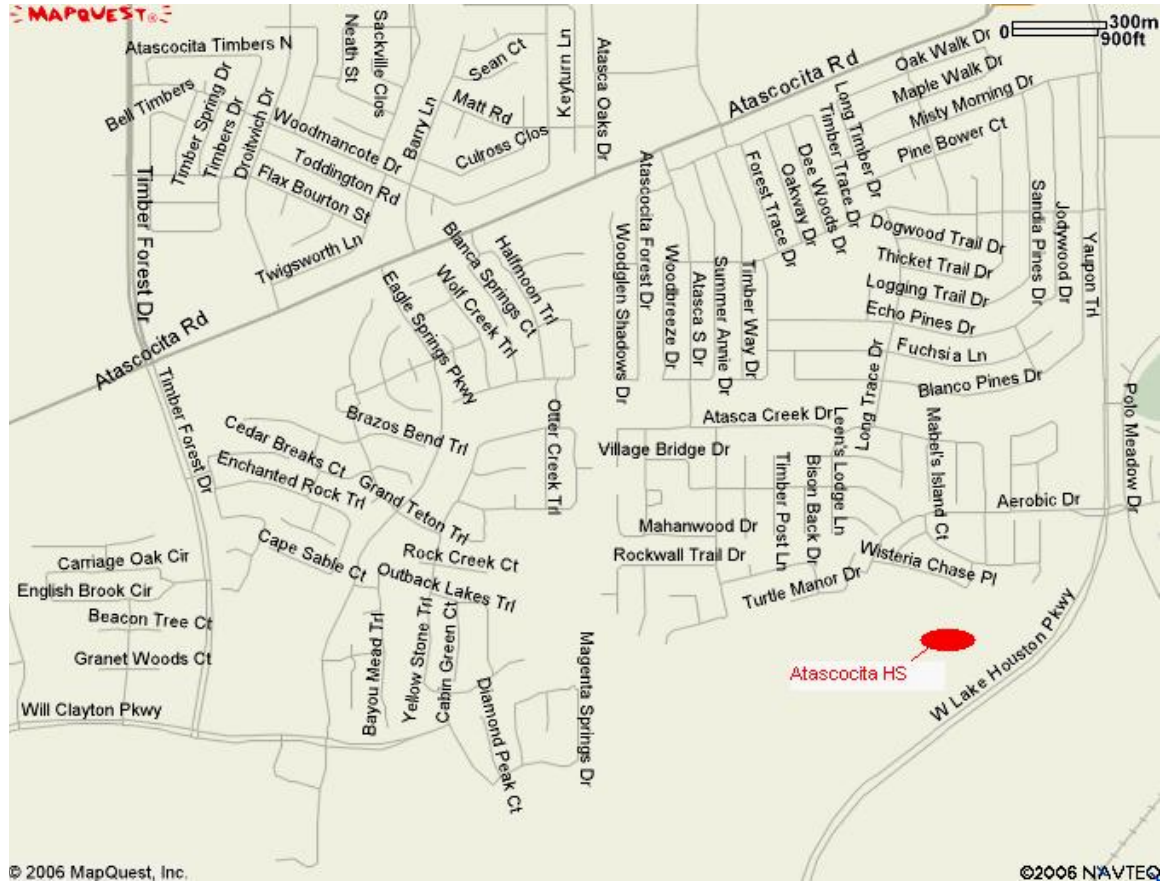
ATTACHMENTS:

MAPS TO POOL
ORDER OF EVENTS
MEET ENTRY FORM
SAFETY GUIDELINES AND WARM- UP PROCEDURES

LARGE MAP OF GENERAL AREA



MORE DETAILED MAP TO ATASCOCITA HIGH SCHOOL



SUMMER CHAMPS ORDER OF EVENTS

Monday June 12th , 2006
Meet starts at 6:00pm

BOYS EVENT NUMBER	BOYS QUALIFYING TIME	AGE	EVENT	GIRLS QUALIFYING TIME	GIRLS EVENT NUMBER
1	NT	15-18	100 yard FREE	NT	2
3	NT	7-8	100 Yard MEDLEY RELAY	NT	4
5	NT	9-10	100 Yard MEDLEY RELAY	NT	6
7	NT	11-12	200 Yard MEDLEY RELAY	NT	8
9	NT	13-14	200 Yard MEDLEY RELAY	NT	10
11	NT	15-18	200 Yard MEDLEY RELAY	NT	12
13	34.40 31.44	6 & U 7-8	25 yard BREAST 25 yard BREAST	34.40 31.44	14
15	25.49	9-10	25 yard BREAST	24.97	16
17	48.44	11-12	50 yard BREAST	47.21	18
19	NT	13-14	50 yard BREAST	NT	20
21	NT	15-18	50 yard BREAST	NT	22
23	150.51 144.71	8 & U 9-10	100 yard IM 100 yard IM	150.47 145.44	24
25	137.55	11-12	100 yard IM	136.44	26
27	NT	13-14	100 yard IM	NT	28
29	NT	15-18	100 yard IM	NT	30
31	32.21 28.55	6 & U 7-8	25 yard FLY 25 yard FLY	33.42 29.75	32
33	22.67	9-10	25 yard FLY	23.74	34
35	47.21	11-12	50 yard FLY	44.21	36
37	NT	13-14	50 yard FLY	NT	38
39	NT	15-18	50 yard FLY	NT	40

SUMMER CHAMPS ORDER OF EVENTS

Tuesday June 13th, 2006
Meet starts at 6:00pm

BOYS EVENT NUMBER	BOYS QUALIFYING TIME	AGE	EVENT	GIRLS QUALIFYING TIME	GIRLS EVENT NUMBER
41	NT	13-14	100 yard FREE	NT	42
43	NT	6 & U	100 yard FREE RELAY	NT	44
45	NT	7-8	100 yard FREE RELAY	NT	46
47	NT	9-10	100 yard FREE RELAY	NT	48
49	NT	11-12	200 yard FREE RELAY	NT	50
51	NT	13-14	200 yard FREE RELAY	NT	52
53	NT	15-18	200 yard FREE RELAY	NT	54
55	32.50	6 & U	25 yard FREE	32.97	56
57	23.21	7-8	25 yard FREE	23.51	58
59	17.55	9-10	25 yard FREE	17.65	60
61	36.22	11-12	50 yard FREE	35.97	62
63	NT	13-14	50 yard FREE	NT	64
65	NT	15-18	50 yard FREE	NT	66
67	37.75	6 & U	25 yard BACK	37.85	68
69	28.55	7-8	25 yard BACK	28.55	70
71	24.09	9-10	25 yard BACK	24.21	72
73	46.44	11-12	50 yard BACK	44.87	74
75	NT	13-14	50 yard BACK	NT	76
77	NT	15-18	50 yard BACK	NT	78
79	NT	7-18	200 yard BOYS PROGRESSIVE RELAY	NT	
		7-18	200 yard GIRLS PROGRESSIVE RELAY	NT	80

NWAL SUMMER CHAMPS MEET
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June 12th & 13th 2006

TEAM ENTRY FORM

MUST BE SUBMITTED WITH MEET ENTRY

TEAM NAME: _____

ABBREVIATION: _____

TEAM CONTACT: _____

PHONE: _____

EMAIL: _____

Number of Individual Events: _____

Cost per Individual Event: _____ x \$3.75

Cost per Relay Event: _____ x \$8.00

Total Amount Due: \$ _____

Entry Fees Must Be Submitted by Entry Deadline

Make Check Payable to Blue Tide Aquatics

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HOSTED BY

BLUE TIDE AQUATICS

Last Name	First Name	Sex F/M	TEAM

Event #	Time	Event #	Time

Last Name	First Name	Sex F/M	Team

Event #	Time	Event #	Time

Last Name	First Name	Sex F/M	Team

Event #	Time	Event #	Time

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-NWAL teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA/NWAL Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation