

13 & Over Spring Champs
A SHORT COURSE YARDS PRELIMS & FINALS MEET
Hosted By **THE WOODLANDS SWIM TEAM**
February 19 – 21, 2010

LOCATION: CISD Natatorium, 19133 David Memorial Drive, Shenandoah, Texas 77385

TIME AND DATE: This is a prelim-finals meet with the exception of relays, the 400 IM, 500/1000/1650 Freestyle events, which will be timed finals. Finals will consist of an A, B, and C Final.

Friday February 19	Timed Finals Warm-up 5:00 – 6:15 PM	Meet Starts 6:30 PM
Saturday February 20	Prelims *Warm-ups 7:30 – 8:45 AM Finals **Warm-up 4:30 – 5:15 PM	Meet Starts 9:00 AM Meet Starts 5:30 PM
Sunday February 21	Prelims *Warm-up 7:30 – 8:45 AM Finals **Warm-up 3:30 – 4:15 PM	Meet Starts 9:00 AM Meet Starts 4:30 PM

* Split warm-ups will be in effect. Lane assignments for warm-up and timing will be posted on the Gulf website (www.gulfswimming.org) three (3) days prior to the meet.

** Warm-up for Finals will begin 3 hours after the last relay, but not before 4:30 PM Saturday or 3:30 PM Sunday. If warm-ups are delayed, finals will start 1 hour after warm-ups commence. The preliminary sessions of this meet will be run using the "flyover start"

CHECK-IN: All swimmers must check in with the Clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine

FINALS AND SCRATCHING: Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulations and will be assessed a fine of \$50.00. A Club, which has not paid the fine, will not be allowed to register for membership in the Gulf LSC until the fine is paid.

In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals or any other bonus finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet and a fine of \$50.00. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.

ON-DECK ENTRIES: Late entries will be accepted up to 30 minutes before the start of the meet at double the meet entry fee.

NUMBER OF EVENTS: Swimmers may compete in up to 3 individual events per day.

FEES: \$6.00 per event.

**ENTRIES ARE DUE IN THE MEET ENTRY BOX AT KHS OR
TO YOUR COACH NO LATER THAN 7:00PM ON
TUESDAY, FEBRUARY 9Th, 2010**

*****REMEMBER TO SIGN UP FOR A TIMING SHIFT***
E-MAIL Cynthia Cantrell at cynthiacantrell@yahoo.com
By NOON on Monday, February 15th.**

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NAME _____

Friday February 19th, 2010

Women	Event	Men
1	13-14 400 IM	2
3	15 & Over 400 IM	4
5	13-14 500 Free	6
7	15 & Over 500 Free	8

Saturday February 20th, 2010

Women	Event	Men
9	13 & Over 1000 Free	**10
11	13-14 200 Fly	12
13	15 & Over 200 Fly	14
15	13-14 50 Free	16
17	15 & Over 50 Free	18
19	13-14 200 Back	20
21	15 & Over 200 Back	22
23	13-14 100 Breast	24
25	15 & Over 100 Breast	26
27	13-14 200 Free	28
29	15 & Over 200 Free	30
31	13-14 400 Medley Relay	32
33	15 & Over 400 Medley Relay	34

Sunday February 21st, 2010

Women	Event	Men
35	13 & Over 1650 Free	**36
37	13-14 100 Back	38
39	15 & Over 100 Back	40
41	13-14 200 Breast	42
43	15 & Over 200 Breast	44
45	13-14 100 Free	46
47	15 & Over 100 Free	48
49	13-14 200 IM	50
51	15 & Over 200 IM	52
53	13-14 100 Fly	54
55	15 & Over 100 Fly	56
57	13-14 400 Free Relay	58
59	15 & Over 400 Free Relay	60

MAKE SURE YOU GO OVER YOUR MEET ENTRY WITH YOUR COACH BEFORE TURNING IT IN!

ENTRIES _____	X \$6.00				
BTA MEET ENTRY FEE			\$5.00		
TOTAL		=			_____

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