

BTA Practice Group Descriptions

Senior Elite:

Swimmers with sectional time standards. Swimmers who wish to be a part of senior elite are committed to training and competing at the highest level, and bring with them the attitude and work ethic that it takes to be a national level athlete. Please contact Coach Kevin for more details and requirements for Senior Elite.

Senior Two High School:

Swimmers who are in high school that have 13-14 "A" times and can train at the level of the following set: 15x100 Free @ 1:20

Senior Two Middle School:

Swimmers who are at least 13 years old and have 13-14 "A" times.

Senior One:

Swimmers who are 13 years old or older who have not yet progressed to senior two time or training standards.

Junior Blue:

Swimmers who are 11-2 years old who have at least one "A" time standard. There is a Junior Blue 10 group as well, practicing at the same time, which includes 10 & Unders who have at least one "A" time standard.

Junior Orange:

Swimmers who are at least 11 years old and have not yet achieved 11-12 "A" time standards.

10&Under:

Swimmers in 10 & Under are typically 7-10 years old and are proficient in all 4 strokes. This means the swimmer can complete a 100 IM without a disqualification.

Tidalwave:

Swimmers who can complete 25 yards of freestyle and backstroke unassisted