

# Gulf Swimming Senior Championships

HOSTED BY THE

Aggie Swim Club

Short Course Yards – Prelims/Finals

December 4 - 6, 2009

- LOCATION:** Texas A&M University  
Student Recreation Center Natatorium  
Olsen Boulevard  
College Station, TX 77843
- TIME AND DATE:** This is a prelim/finals meet with A, B, C and D finals. Relays, 1000 free & 1650 free will be swum as timed finals events. Timing lane assignments will be designated in the psych sheet and posted on the Gulf web site 3 days prior to the meet. Open warm-up format will be used for all prelim and finals sessions.
- Thursday, December 3: Open warm-up: 6:30 – 7:30 p.m.
- Fri., Sat. and Sun., December 4, 5, and 6: Prelims: 8:05\* – 9:15 a.m. warm-up / 9:30 a.m. start  
Finals: 3:15 – 4:15 p.m. warm-up / 4:30 p.m. start
- CHECK-IN:** All Swimmers are required to circle-in at least 45 minutes before their event. After circling-in, failure to appear at the starting blocks will result in the swimmer being listed as a “No Show” and assessed a fine of \$5.00
- SCRATCHING:** **Procedures:** Scratches prior to the seeding of heats shall be confirmed by properly filling out a scratch card and depositing in the scratch box. After the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they have been entered and have not been scratched will be barred from further individual and relay events that day. No shows will also result in the swimmer being assessed a \$5.00 fine
- Scratch Deadlines:**  
Friday's events: 15 minutes after the general meeting is adjourned on Thursday, Dec 3  
Saturday's events: 6:00 p.m. on Friday, Dec 4  
Sunday's events: 6:00 p.m. on Saturday, Dec 5
- FINALS AND SCRATCHING:** Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulations and will be assessed a fine of \$50.00. More information on Finals and scratching can be found on the Gulf Website on the Invitation to this meet.
- ON-DECK ENTRIES:** Late entries will be accepted each day up to 30 minutes before the start of the meet at double the meet entry fee.
- NUMBER OF EVENTS:** Swimmers may compete in (3) three events per day.
- FEES:** \$9.00 per individual event.

ENTRIES ARE TO BE  
GIVEN TO YOUR COACH NO LATER THAN 7:00 P.M. ON  
**TUESDAY, NOVEMBER 23<sup>RD</sup>**

**\*\*\*REMEMBER TO SIGN UP FOR A TIMING SHIFT\*\*\***  
**E-MAIL Cynthia Cantrell at [cynthiacantrell@yahoo.com](mailto:cynthiacantrell@yahoo.com)**  
**By NOON on MONDAY NOVEMBER 29<sup>TH</sup>.**

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NAME \_\_\_\_\_

Women #	YARDS	LCM	SCM	Friday's Events	YARDS	SCM	LCM	Men #
1	11:30.99	10:01.69	10:05.49	1000 Free*	11:19.49	9:54.59	10:04.59	2
3	1:13.79	1:22.39	1:26.09	100 Breast	1:06.99	1:14.39	1:17.69	4
5	2:03.09	2:15.69	2:17.79	200 Free	1:51.79	2:03.79	2:07.59	6
7	1:02.69	1:08.09	1:11.19	100 Fly :	56.19	1:01.49	1:03.59	8
9	4:53.19	5:23.29	5:37.09	400 I.M.	4:34.59	5:03.99	5:20.29	10
11	---	---	---	400 Free Relay**	---	---	---	12

Women #	YARDS	LCM	SCM	Saturday's Events	YARDS	SCM	LCM	Men #
13	2:21.69	2:29.19	2:40.89	200 Fly	2:04.49	2:16.19	2:27.09	14
15 :	26.19 :	29.19 :	29.59	50 Free :	22.99 :	25.49 :	25.99	16
17	2:38.99	2:57.79	3:09.99	200 Breast	2:25.59	2:43.29	2:49.09	18
19	1:04.69	1:11.09	1:16.09	100 Back :	57.39	1:03.89	1:09.39	20
21	5:27.09	4:42.39	4:46.29	500 Free	4:56.49	4:16.59	4:32.69	22
23	---	---	---	800 Free Relay**	---	---	---	24

Women #	YARDS	LCM	SCM	Sunday's Events	YARDS	SCM	LCM	Men #
25 :	56.49	1:02.19	1:03.89	100 Free :	50.49 :	55.79 :	57.89	26
27	19:16.49	19:04.09	20:28.49	1650 Free*	18:57.79	18:36.89	19:22.99	28
29	2:18.89	2:33.99	2:43.09	200 Back	2:09.69	2:24.09	2:32.89	30
31	2:18.79	2:33.19	2:38.39	200 I.M.	2:06.39	2:19.59	2:27.09	32
33	---	---	---	400 Medley Relay**	---	---	---	34

ENTRIES \_\_\_\_\_ X \$9.00 \_\_\_\_\_

BTA MEET ENTRY FEE \$5.00

TOTAL = \_\_\_\_\_

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By NOON on MONDAY NOVEMBER 29<sup>TH</sup>.