

Gulf Age- Group Champs
HOSTED BY First Colony Swim Team
Short Course Yards – Prelim/Finals A,B
December 11-13, 2009

LOCATION: Fort Bend ISD Don Cook Natatorium
16255 Lexington Blvd.
Sugarland, TX 77478

TIME AND DATE: This is a timed finals meet on Friday and a prelim/final meet with A finals for 10&Under and A/B finals for 11-12 and 13-14 on Saturday and Sunday.

Friday December 11:	TIMED FINAL EVENTS. Warm-up at 5:00 p.m., meet starts at 6:30
Saturday Dec. 12:	- Prelims 7:30 a.m. warm-up, meet starts at 9:00 a.m
	- Finals 5:30 p.m. warm-up, meet starts at 6:30 p.m
Sunday Dec. 13:	- Prelims 7:30 a.m. warm-up, meet starts at 9:00 a.m
	- Finals 5:00 p.m. warm-up, meet starts at 6:00 p.m.

Split warm-ups will be in effect, with assignments posted on the Gulf Swimming web site.

Lane assignments for warm-ups and timing will be posted on the Gulf Swimming website at least three days prior to the start of the meet.

This meet will be run utilizing the "Flyover Starts".

CHECK-IN: All swimmers must check in with the Clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine

FINALS AND SCRATCHING: Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulations and will be assessed a fine of \$50.00. A Club, which has not paid the fine, will not be allowed to register for membership in the Gulf LSC until the fine is paid.

In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals or any other bonus finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet and a fine of \$50.00. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.

ON-DECK ENTRIES: Late entries will be accepted up to 30 minutes before the start of the meet at double the meet entry fee.

NUMBER OF EVENTS: Swimmers may compete in up to 3 individual events per day.

FEES: \$9.00 per event.

ENTRIES ARE DUE IN THE MEET ENTRY BOX AT KHS OR
TO YOUR COACH NO LATER THAN 7:00PM ON
TUESDAY, DECEMBER 1ST, 2009

REMEMBER TO SIGN UP FOR A TIMING SHIFT
E-MAIL Cynthia Cantrell at cynthiacantrell@yahoo.com
By NOON on Monday December 7th .

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NAME _____

Friday PM, December 11, 2009

Women					Men			
Event #	SCY	SCM	LCM	EVENT	SCY	SCM	LCM	Event #
1	4:57.19	5:33.09	5:43.59	13-14 400 IM*	4:47.39	5:20.29	5:54.79	2
3	6:52.39	5:56.09	6:11.39	10&Under 500 Free*	6:47.09	5:52.39	6:15.69	4
5	5:53.89	5:05.59	5:16.59	11-12 500 Free*	5:58.29	5:10.09	5:25.79	6
7	11:42.29	10:11.49	10:20.49	13-14 1000 Free*	11:24.49	9:58.99	10:17.29	8

Saturday AM, December 12, 2009

Women					Men			
Event #	SCY	SCM	LCM	EVENT	SCY	SCM	LCM	Event #
9	2:04.59	2:17.29	2:21.49	13-14 200 Free+	2:01.79	2:13.09	2:17.49	10
11	1:11.59	1:18.79	-	11-12 100 IM	1:13.19	1:21.69	-	12
13	1:23.99	1:32.29	-	10&Under 100 IM	1:22.99	1:31.69	-	14
15	2:44.99	3:04.49	3:04.79	13-14 200 Breast	2:40.29	3:03.09	3:07.39	16
17	2:52.99	3:18.59	3:14.69	11-12 200 Breast	3:03.19	3:25.19	3:25.99	18
19	43.79	48.59	49.79	10&Under 50 Breast	44.19	49.29	51.39	20
21	1:04.99	1:12.09	1:13.29	13-14 100 Fly	1:02.29	1:08.29	1:11.99	22
23	1:11.29	1:18.39	1:18.19	11-12 100 Fly	1:13.99	1:20.69	1:25.99	24
25	1:29.89	1:38.99	1:42.39	10&Under 100 Fly	1:31.29	1:39.09	1:45.99	26
27	26.69	29.59	30.19	13-14 50 Free	25.49	27.09	29.09	28
29	28.09	31.09	31.69	11-12 50 Free	28.79	31.99	33.79	30
31	33.19	37.09	36.09	10&Under 50 Free	33.09	36.69	38.69	32
33	2:21.29	2:37.09	2:45.09	13-14 200 Back	2:19.09	2:34.49	2:42.19	34
35	1:11.39	1:18.49	1:21.29	11-12 100 Back	1:13.99	1:21.99	1:24.79	36
37	1:23.79	1:32.29	1:34.49	10&Under 100 Back	1:28.79	1:35.69	1:39.99	38
39	5:29.69	4:49.09	4:57.39	13-14 500 Free	5:26.89	4:38.99	4:53.29	40
41	2:14.29	2:27.99	2:29.49	11-12 200 Free	2:18.09	2:28.29	2:37.49	42
43	2:40.29	2:57.09	3:03.49	10&Under 200 Free	2:39.29	2:56.29	3:00.69	44
45	37.39	41.59	42.89	11-12 50 Breast	38.79	42.99	44.99	46
47	-	-	-	13-14 400 Medley Relay	-	-	-	48
49	-	-	-	10&Under 200 Medley Relay	-	-	-	50
51	-	-	-	11-12 400 Medley Relay	-	-	-	52

Sunday AM, December 13, 2009

Women					Men			
Event #	SCY	SCM	LCM	EVENT	SCY	SCM	LCM	Event #
53	19:29.19	19:16.69	20:39.79	13-14 1650 Free**++	19:05.79	18:44.79	20:14.39	54
55	33.29	37.09	38.19	11-12 50 Back	34.29	37.99	40.29	56
57	2:26.29	2:40.79	2:52.59	13-14 200 Fly	2:21.59	2:34.89	2:46.59	58
59	2:45.69	3:02.09	3:00.09	11-12 200 Fly	2:47.69	3:00.09	3:05.99	60
61	37.69	41.99	43.49	10&Under 50 Fly	38.59	42.69	44.99	62
63	58.19	1:03.99	1:04.99	13-14 100 Free	55.49	1:00.99	1:02.39	64
65	1:01.89	1:07.59	1:07.99	11-12 100 Free	1:04.99	1:10.29	1:12.59	66
67	1:10.29	1:17.29	1:19.99	10&Under 100 Free	1:12.19	1:20.39	1:23.89	68
69	1:16.29	1:25.19	1:27.19	13-14 100 Breast	1:14.19	1:21.19	1:24.49	70
71	1:21.69	1:30.89	1:31.99	11-12 100 Breast	1:22.99	1:31.29	1:38.99	72
73	1:36.79	1:47.99	1:50.29	10&Under 100 Breast	1:37.99	1:48.59	1:52.99	74
75	1:06.29	1:12.69	1:16.69	13-14 100 Back	1:04.09	1:10.29	1:13.20	76
77	2:33.39	2:49.99	3:02.39	11-12 200 Back	2:36.99	2:54.09	3:03.99	78
79	39.19	43.59	46.09	10&Under 50 Back	38.69	42.59	45.39	80
81	2:20.69	2:35.19	2:40.79	13-14 200 IM	2:15.49	2:30.09	2:37.89	82
83	2:31.49	2:47.19	2:45.79	11-12 200 IM	2:37.99	2:53.49	2:56.39	84
85	2:57.49	3:15.89	3:25.59	10&Under 200 IM	3:01.19	3:20.09	3:25.99	86
87	31.79	35.09	35.19	11-12 50 Fly	33.59	37.09	37.59	88
89	-	-	-	13-14 400 Free Relay	-	-	-	90
91	-	-	-	10&Under 200 Free Relay	-	-	-	92
93	-	-	-	11-12 400 Free Relay	-	-	-	94

MAKE SURE YOU GO OVER YOUR MEET ENTRY WITH YOUR COACH BEFORE TURNING IT IN!

ENTRIES _____ X \$9.00 _____

BTA MEET ENTRY FEE \$5.00

TOTAL = _____

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