

9 TO 14 JUNIOR MEET

hosted by
Cy-Fair Swim Club – Fleet Swimming
Timed Final Gulf Group D
January 22 - 24, 2010

LOCATION: Klein Oak High School Natatorium
22603 Northcrest Dr
Spring, TX 77389

This location is tentative based on pending Klein ISD approval. Please check back on the Gulf web site for further notifications and confirmation of this location.

TIME AND DATE: This is a Timed Finals Meet. Friday: warm-up at 5:00 p.m., meet starts at 6:30 p.m. (TIMED FINAL EVENTS) Saturday and Sunday: warm-up at 7:30 a.m., meet starts at 9:00 a.m. (TIMED FINAL EVENTS). Split warm-ups will be in effect, with assignments posted on the Gulf Swimming web site.

Lane assignments for warm-ups and timing will be posted on the Gulf Swimming website at least three days prior to the start of the meet.

This meet will be run utilizing the "Flyover Starts".

CHECK-IN: All swimmers must check in with the Clerk of the Course for all events. Swimmers are required to circle-in at least 45 minutes before their event. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine

ON-DECK ENTRIES: Late entries will be accepted up to 30 minutes before the start of the meet at double the meet entry fee.

NUMBER OF EVENTS: Swimmers may compete in up to 5 (five) individual events per day.

FEES: \$5.25 per event.

ENTRIES ARE DUE IN THE MEET ENTRY BOX AT KHS OR
TO YOUR COACH OR E-MAIL COACH KEVIN NO LATER THAN 7:00PM ON

SUNDAY, JANUARY 10TH, 2010!!

THEY ARE DUE TO CFST BY MONDAY!!
SORRY FOR THE QUICK TURNAROUND

REMEMBER TO SIGN UP FOR A TIMING SHIFT

E-MAIL Cynthia Cantrell at cynthiacantrell@yahoo.com

By NOON on Monday January 18th

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NAME _____

| SCM | LCM | YARD | EVENT # | EVENT | EVENT # | YARD | LCM | SCM |
|----------------|----------------|----------------|----------------|--------------------|----------------|----------------|----------------|----------------|
| CUT OFF | CUT OFF | CUT OFF | GIRLS | DESCRIPTION | BOYS | CUT OFF | CUT OFF | CUT OFF |

Friday January 22nd. Warm Ups 5:00 PM, Meet Starts 6:30 PM

| | | | | | | | | |
|---------|---------|---------|---|----------------|---|---------|---------|---------|
| 5:23.19 | 5:32.39 | 6:09.29 | 1 | 11-12 500 Free | 2 | 6:04.69 | 5:27.09 | 5:19.19 |
| 5:08.89 | 5:16.59 | 5:52.99 | 1 | 13-14 500 Free | 2 | 5:35.19 | 5:02.79 | 4:53.39 |
| 3:14.49 | 3:19.89 | 2:55.99 | 3 | 9-10 200 IM | 4 | 2:55.29 | 3:18.89 | 3:13.69 |
| 6:11.39 | 6:23.99 | 5:36.09 | 5 | 11-12 400IM | 6 | 5:28.89 | 6:20.19 | 6:03.39 |
| 5:51.19 | 6:00.99 | 5:17.79 | 5 | 13-14 400IM | 6 | 5:00.49 | 5:44.49 | 5:31.99 |

Saturday January 23rd. Warm Ups 7:30 AM. Meet Starts 9 AM.

| | | | | | | | | |
|----------|----------|----------|----|------------------------|----|---------|---------|---------|
| 46.49 | 48.29 | 41.99 | 7 | 9-10 50 Breast | 8 | 42.19 | 48.49 | 46.69 |
| 41.69 | 42.09 | 37.79 | 9 | 11-12 50 Breast | 10 | 37.29 | 43.09 | 41.19 |
| 1:31.29 | | 1:22.59 | 11 | 9-10 100 IM | 12 | 1:21.09 | | 1:29.59 |
| 1:21.69 | | 1:13.99 | 13 | 11-12 100 IM | 14 | 1:11.49 | | 1:18.99 |
| 2:46.29 | 2:51.49 | 2:30.49 | 15 | 13-14 200 IM | 16 | 2:20.29 | 2:42.39 | 2:34.99 |
| 1:30.89 | 1:35.29 | 1:22.19 | 17 | 9-10 100 Back | 18 | 1:21.29 | 1:33.29 | 1:29.79 |
| 1:21.99 | 1:23.29 | 1:14.19 | 19 | 11-12 100 Back | 20 | 1:12.29 | 1:23.59 | 1:19.89 |
| 1:15.69 | 1:17.79 | 1:08.49 | 21 | 13-14 100 Back | 22 | 1:04.19 | 1:14.49 | 1:10.99 |
| | | | 23 | 9-10 Free Relay | 24 | | | |
| | | | 25 | 11-12 Free Relay | 26 | | | |
| | | | 27 | 13-14 Free Relay | 28 | | | |
| 1:19.49 | 1:21.89 | 1:11.89 | 29 | 9-10 Free | 30 | 1:10.79 | 1:20.59 | 1:18.19 |
| 1:09.69 | 1:13.49 | 1:03.09 | 31 | 11-12 Free | 32 | 1:02.69 | 1:11.39 | 1:09.19 |
| 1:08.69 | 1:10.39 | 1:02.19 | 33 | 13-14 Free | 34 | 57.39 | 1:05.99 | 1:03.49 |
| 1:35.79 | 1:37.89 | 1:26.69 | 35 | 9-10 Fly | 36 | 1:25.59 | 1:36.49 | 1:34.59 |
| 1:20.89 | 1:22.89 | 1:13.19 | 37 | 11-12 Fly | 38 | 1:11.69 | 1:21.49 | 1:19.19 |
| 1:14.89 | 1:16.49 | 1:07.79 | 39 | 13-14 Fly | 40 | 1:02.89 | 1:11.09 | 1:09.49 |
| 3:15.49 | 3:23.69 | 2:56.89 | 41 | 11-12 200 Breast | 42 | 2:52.89 | 3:20.79 | 3:10.99 |
| 3:04.29 | 3:11.99 | 2:46.79 | 43 | 13-14 200 Breast | 44 | 2:36.29 | 3:01.99 | 2:52.69 |
| | | | | Boy's 9-10 500 Free | 46 | 6:44.59 | 6:06.79 | 5:54.09 |
| 11:15.39 | 11:35.69 | 12:51.69 | 45 | Girl's 11-12 1000 Free | | | | |
| 10:36.79 | 10:47.99 | 12:07.59 | 45 | Girl's 13-14 1000 Free | | | | |

